

Is my child too sick to attend school?

A quick reference guide to help decide if you should send your child to school or keep them home.

If your child has any of the following symptoms of illness, please keep them home per the following guidance:

- **FEVER:** – If your child has a fever 100.4° F or more, keep them home until they are 24 hours fever free WITHOUT medicine. If your child has a fever at 2pm they may not attend school the following day.
- **DIARRHEA/VOMITING** – Keep your child home for 24 hours from the last episode WITHOUT medicine.
- **COUGH:** A child with heavy cold symptoms, such as deep or uncontrollable coughing or significant lack of energy, belongs at home even without a fever.
- **RUNNY NOSE:** A child with a constant runny nose, especially green/yellow in color, need to stay home.
- **SORE THROAT:** Keep a child at home and contact a medical provider for a severe sore throat and if white spots are in the back of the throat, with or without a fever.
- **PINK EYE:** A child should be kept at home until evaluated by a medical provider. Eye drops administered for 24 hours before returning to school.
- **RASH:** Do not send a child with a rash to school until a medical provider has said it is safe to do so – especially with additional symptoms like itching, fever or appearing ill.
- **FLUID-FILLED BLISTERS OF UNKNOWN ORIGIN:** Please bring this to the attention of Redbud staff. Please have these symptoms evaluated by a medical provider.
- **COVID-19: Symptoms:** If your child has any of the following symptoms, they should stay home and test for COVID-19, regardless of vaccination

status: fever, chills, new onset of body/muscle aches, cough, shortness of breath, congestion or runny nose, sore throat, nausea, vomiting, diarrhea, headache, fatigue and/or new loss of taste or smell.

If negative, your child can come back to school when symptoms improve and any fever has been gone for at least 24 hours without fever-reducing medication. You do not have to show proof of the negative test to return to Redbud.

Positive Test: If your child tests positive for COVID, follow current guidance and have your child stay home for at least 5 days from the start of symptoms. Please let Karen know if your child has tested positive. If symptoms have resolved, your child can return to school on Day 6 but should wear a mask around others through Day 10.

Exposure: If your child has been exposed to COVID (around a COVID-positive person for at least 15 mins in a 24 hour period), the child should be tested for COVID on day 3-5 after exposure, or as soon as symptoms arise. If someone in your household has tested positive for COVID, please let Karen know and choose one of the following: 1) The child can be tested for COVID daily (on school days) during the exposure, or 2) Your child can wear a mask at school for 10 days. In either case, if your child develops any of the symptoms listed above during the exposure period, they should stay home and test for COVID-19.